

# TRANSGENDER AND NON-BINARY RUNNER/WALKER POLICY

A core value of the Hope For Crohn's® Events is inclusivity. We want all of our participants to feel welcomed and accepted to our event. With this in mind, we have established a Transgender and Non-Binary Runner/Walker Policy.

## Entrance Policy for Transgender Athletes

We will accept each entrant's declared gender at face value, and no additional supporting evidence is required.

A transgender female (male-to-female) entrant can register to compete as a female, provided they have undergone continuous, medically supervised hormone treatment for gender transition for at least one year prior to the race.

A transgender male (female-to-male) entrant can register to compete as a male. Transgender male runners cannot register to compete as a female if they have begun hormone treatment for gender transition, which includes testosterone or any other banned substance (as defined by the World Antidoping Agency).

Runners may compete in the category of their sex assigned at birth if they have not undergone hormone treatment.

Transgender entrants, at their option, may provide medical documentation related to their transition to the Race Director and/or Medical Director(s) prior to the race. All information about the runner's gender identity and medical information, including any information provided pursuant to this policy, will be kept strictly confidential.

## Challenges of Results Involving Transgender Athletes

Hope For Crohn's® Events has adopted this policy and the ability to challenge results out of a desire for inclusion and fairness. As such we expect all parties to behave in a manner that is honest, compassionate, and respectful. We will not tolerate hateful or discriminatory behavior by any of our runners, or those associated with the race, regardless of the cause.

Challenges may be made to results, which are directly related to a runner's self-declared gender, only when a top 5 position is at stake. A challenge must be made in writing or email to the Race Director within 10 days of race completion and must be submitted privately and with the utmost discretion and respect for all parties involved.

Neither party may publicly post or discuss the challenge until a decision has been reached by the race. Challenges not related to a runner's gender status, such as course cutting or other rule violations, will be handled in the normal process.

In the event of a challenge, or as deemed necessary, the Rut may request supporting documentation from a medical professional. All information about the runner's gender identity and medical information, including any information provided pursuant to this policy, will be kept strictly confidential. The Race Director, with input from the Medical Director(s), will review the relevant facts and make a final decision.

If the runner is not in compliance with this policy, they will forfeit any place positions, but will retain their official finish. Any announcements made by the race will simply state whether a runner was or was not in compliance with our policy and the associated action taken by the race. We will not disclose, unless requested or allowed by the transgender runner, any medical information related to the decision.

## **Entrance Policy for Non-Binary Athletes**

Some people feel that their gender identity cannot be simply defined by the expected binary terms of 'man' or 'woman'. Instead, they experience their gender in another way. Typically, we refer to this group of people as being 'non-binary'. The term non-binary refers to a person:

Identifying as either having a gender which is in-between or beyond the two categories 'man' and 'woman', as fluctuating between 'man' and 'woman', or as having no gender, either permanently or some of the time

Although we ask that non-binary runners register under their sex assigned at birth, we want to acknowledge and respect their differences and will provide an opportunity in the registration process to express their desired pronouns. Non-binary runners will be eligible for place awards in their birth gender pool